Hypnodontics is that branch of dental science which deals with the application of controlled suggestion and/or hypnosis to the practice of dentistry.

Hypnodontics does not necessarily eliminate analgesia or anesthesia; rather, it is used as an adjunct to chemoanesthesia.

(Kroger, Clinical and Experimental Hypnosis)

**Therapeutic uses of Hypnodontics include:**

1. Patient relaxation.

2. Elimination of the patient’s tensions and anxieties, and his fears of pain and discomfort.

3. Removal of objections to necessary orthodontic or prosthetic appliances after the patient has agreed to accept them.

4. Maintenance of the patient’s comfort during long, arduous period of dental work.

5. Accustoming the patient to orthodontic or prosthetic appliances.

6. Modification of noxious (harmful or injurious to health or physical well-being) dental habits.

**Operative uses of Hypnodontics include:**

1. Reduction of anesthesia or analgesia

2. Amnesia for unpleasant work

3. Substitution for, or in combination with, topical anesthetics in general anesthesia
4. Prevention of gagging and nausea

5. Control of Salivary flow

6. Control of bleeding

7. Postoperative anesthesia

8. Reduction of postoperative shock.
Power Point Presentation – Hypnosis for Dentistry and Working with Medical and Dental Professionals